ANTI-BULLYING STRATEGIES

SCHOOL VISION
Catherine McAuley School is a Catholic Faith community which promotes and celebrates excellence in education. A spirit of reconciliation is encouraged through our experience of faith, growth and unity. We endeavour to prepare children for a life that is lived in justice, dignity and mutual respect.

DEFINITION
Bullying is deliberate, hurtful gestures, words or actions which are repeated over time. Bullying is unwelcome and unacceptable. The behaviour makes a person feel uncomfortable, fearful or unsafe. In some cases such behaviour may also be illegal. In all cases it must be challenged and stopped.

IMPLEMENTATION
If you are being harassed, you can influence what happens by using the SAFE approach to deal with harassment or bullying.

S Solve it yourself
   Ignore it the first time
   Tell the person to stop

A Ask someone you trust for some help.
   This could be a -
   • Friend
   • Teacher
   • Staff Member
• Member of the Leadership Team
• Parent
• Relative
• Carer
• Harassment Officer
  Tell them what is happening.

F   Find a Teacher or Staff Member and report what is happening.
    (You can bring another person with you.)

E   Explore your options.
    What else can you do?

**IF HARASSMENT CONTINUES KEEP REPORTING – NEVER GIVE UP!!!!!**

**ACTION STEPS FOR STUDENTS**
We encourage individuals being bullied to follow this action plan:

**Step 1:** Ignore it. Show that it does not affect you. The harassing behaviour may cease.

  *if it does not stop*

**Step 2:** Speak to the person harassing you. Tell them that their actions are unwanted. Let
them know you will take further action if the harassment does not cease. Speak with a teacher
or staff member.

  *if it does not stop*

**Step 3:** Discuss it with your teacher, staff member and parents/caregivers. They may be able
to help you.

  *if it does not stop*

**Step 4:** Report the matter to a teacher, staff member or member of the Leadership Team and
discuss with them any further action.

  *if it does not stop*

**Step 5:** Go with a teacher to the Principal or member of the Leadership Team and a decision
will be made about further action to stop the bullying using the school’s system of
consequences for inappropriate behaviour.